

# Instructor Reflections and Remarks about the Course

## INTRODUCTION

Anatomy and Physiology is a language, you will be introduced to a huge litany of new vocabulary, and you will need to use it correctly.

Anatomy and Physiology is a (mental) workout, you will be making new connections, and discarding old ideas, which can challenge your world (career) view. It takes work to build a strong foundation and understanding in any new field.

Anatomy and Physiology is an adventure; we will be looking at material and topics that may never have been considered before. Expect to be illuminated.

Yes, you will need to *STUDY HARD !!!*

But I am here to help. To be clear, I cannot do your work for you. But I am here to encourage and counsel in ways and techniques to best master the material. But you will certainly want to plan out your daily routine to include several hours every day to master the material.

## TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, and varying employment obligations, and perhaps family relationships and responsibilities that need to be maintained. With all the various pulls on our time and resources, it can sometimes be difficult to schedule another major activity. Scheduling of several daily hours for study can be a daunting prospect for some. But it is one that must be looked at immediately and requires a quality decision if success is to be assured.

With this in mind, I encourage to talk to those people important in your life about your educational needs at this juncture in your developing career. I would also encourage you to look carefully at all the time demanding activities in your life and make appropriate adjustments in light of your important career aspirations. The word “*priorities*”, come to mind here.

## **COURSE STRUCTURE and INSTRUCTIONAL METHOD**

This course is divided up into several topical units. Each unit has a particular set of instructional goals, and therefore, most units will be assessed individually. Access to specific unit instructional goals and assignments can be found under the topic headings, located on Blackboard or the instructor's website. Assessment is accomplished by way of exams that are to be completed on the date and time that will be designated on the syllabus. Target date can be seen on the syllabus, but it must be understood that these are target dates, and they may be modified according to the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as delineated on the lecture outlines
- Master physiological themes, concepts, and processes presented in the course material as it relates to the anatomy

With all this said, I am confident that you will find this course not only challenging but enlightening and well worth the hard work you will need to invest.

Get ready to STUDY HARD !!!